

# FRESHMAN FOOTBALL PRE-SEASON SCHEDULE 2025

**ALL GRADES** should report to Conditioning Test/Equipment Distribution on Thursday, 8/14

**PLEASE NOTE:** *Tryout attire – sneakers, gym shorts, t-shirts*      **Remember your water bottles**  
*Don't forget you can't participate unless you are [registered](#).*

Thursday	August 14	Equipment Distribution/Info meeting	2:00 pm - 4:00 pm (Gym)
Friday	August 15	DAY OFF	
Saturday	August 16	DAY OFF	
Sunday	August 17	DAY OFF	
Monday	August 18	Practice/Tryouts (No Equipment)	9:00 am - 12:00 pm*
Tuesday	August 19	Practice/Tryouts (No Equipment)	9:00 am - 12:00 pm
Wednesday	August 20	Practice/Tryouts (No Equipment)	9:00 am - 12:00 pm
Thursday	August 21	Practice (Equipment)	9:00 am - 12:00 pm
Friday	August 22	Practice (Equipment)	9:00 am - 12:00 pm
Saturday	August 23	DAY OFF	
Sunday	August 24	DAY OFF	
Monday	August 25	Practice	9:00 am - 12:00 pm
Tuesday	August 26	Practice	9:00 am - 12:00 pm
Wednesday	August 27	Practice	2:45 pm - 5:15 pm
Thursday	August 28	Practice	2:45 pm - 5:15 pm
Friday	August 29	TBD	
Saturday	August 30	DAY OFF	
Sunday	August 31	DAY OFF	
Monday	September 1	DAY OFF (Labor Day)	
Tuesday	September 2	Practice	2:45 pm - 5:15 pm
Wednesday	September 3	Practice	2:45 pm - 5:15 pm
Thursday	September 4	Practice	2:45 pm - 5:15 pm
Friday	September 5	Practice	2:45 pm - 5:15 pm
Saturday	September 6	TBD	TBD

\*Note: 12:00pm is the pick-up time for Freshman

As of: 6.12.25